

There are six themes that run through your programme



Know Myself



Express Myself



Be Well



Have Adventures



Take Action



Skills For My Future



1

Interest badge

There are 24 interest badges for you to earn. You can do these at any time, anywhere and in any way you'd like.

1

Skills builder

You can work towards this in your Guide unit.

5 hours

Unit meeting activities

You can complete these in your Guide unit.

Theme awards

When you've completed one skills builder badge, one interest badge and five hours of unit meeting activities you've earned one Theme award.

When you've completed all six you can work towards the Guide Gold award.



Guide Gold award

This is the highest award you can earn as a Guide.

To earn this award you need to:

- earn all six of your Guide Theme awards
- complete all three parts of the Guide Gold award challenge which can be found in the Guide badge book.

