

There are six themes that run through your programme



Know Myself



Express Myself



Be Well



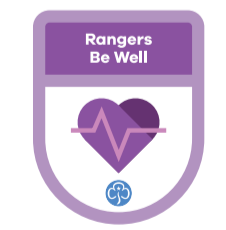
Have Adventures



Take Action



Skills For My Future



1

### Interest badge

There are 18 interest badges for you to earn. You can do these at any time, anywhere and in any way you'd like.

1

### Skills builder

You can work towards this in your Ranger unit.

5 hours

### Unit meeting activities

You can complete these in your Ranger unit.

### Theme awards

When you've completed one skills builder badge, one interest badge and five hours of unit meeting activities you've earned one Theme award.

When you've completed all six you can work towards the Ranger Gold award.



## RANGER GOLD AWARD

This is the highest award you can earn as a Ranger.

To earn this award you need to:

- earn all six of your Ranger Theme awards
- complete all three parts of the Ranger Gold award challenge which can be found in the Ranger record book.

